

Pos	Race No	Name	Name	Time	Time	Gender	Gen Pos	Fastest Lap	1000m	T1	2000m	T2	3000m	T3	4000m	T4	5000m	T5	6000m	T6	7000m	T7	8000m	T8	9000m	T9	10,000m
1	33	Hayley Moore	Hayley Moore Female	02:29:38	02:29:38	Female	1	00:14:16	00:14:16	00:00:10	00:14:33	00:00:11	00:14:52	00:00:08	00:14:47	00:00:06	00:15:14	00:00:08	00:15:08	00:00:10	00:14:53	00:00:08	00:15:02	00:00:08	00:15:30	00:00:08	00:15:19
2	38	Joe Berry	Joe Berry Male	02:31:08	02:31:08	Male	1	00:14:05	00:14:05	00:00:05	00:14:38	00:00:20	00:14:56	00:00:28	00:15:10	00:00:18	00:15:05	00:00:29	00:15:22	00:00:06	00:15:00	00:00:25	00:15:43	00:00:06	00:15:44	00:00:12	00:15:18
3	47	Ruth Whyman	Ruth Whyman Female	02:53:21	02:53:21	Female	2	00:16:58	00:17:00	00:00:06	00:17:49	00:00:06	00:17:23	00:00:25	00:17:20	00:00:06	00:17:06	00:00:06	00:16:58	00:00:24	00:17:26	00:00:06	00:17:26	00:00:19	00:17:34	00:00:06	00:17:14
4	45	William Hayes	William Hayes Male	02:57:31	02:57:31	Male	2	00:16:25	00:16:40	00:00:06	00:16:25	00:00:07	00:16:53	00:00:06	00:16:56	00:00:05	00:17:59	00:00:07	00:17:32	00:00:05	00:17:35	00:00:15	00:18:59	00:00:09	00:19:19	00:00:07	00:19:08
5	34	Brian Armstrong	Brian Armstrong Male	03:04:21	03:04:21	Male	3	00:17:03	00:17:03	00:00:16	00:17:42	00:00:20	00:17:55	00:00:13	00:17:39	00:00:15	00:17:37	00:00:15	00:18:07	00:00:14	00:20:04	00:00:13	00:18:26	00:01:26	00:19:56	00:01:26	00:19:47
6	39	Sarah Jane McDonnell	Sarah Jane McDonnell Female	03:07:37	03:07:37	Female	3	00:17:24	00:17:28	00:00:11	00:17:24	00:00:13	00:17:43	00:00:26	00:18:39	00:00:25	00:18:24	00:00:36	00:19:03	00:00:31	00:18:59	00:00:37	00:19:04	00:03:20	00:21:49	00:00:23	00:19:01
7	21	Philippa Williams	Philippa Williams Female	03:09:07	03:09:07	Female	4	00:18:13	00:18:13	00:00:07	00:19:12	00:00:06	00:19:06	00:00:16	00:19:18	00:00:06	00:19:06	00:00:06	00:18:54	00:00:25	00:19:09	00:00:07	00:18:49	00:00:06	00:18:44	00:00:06	00:18:31
8	13	Tamara Turchet	Tamara Turchet Female	03:10:52	03:10:52	Female	5	00:18:10	00:18:48	00:00:06	00:18:56	00:00:20	00:19:09	00:00:43	00:19:50	00:00:07	00:18:58	00:00:06	00:19:16	00:01:00	00:20:05	00:00:07	00:19:00	00:00:26	00:18:36	00:00:06	00:18:10
9	35	Phil Johnson	Phil Johnson Male	03:12:03	03:12:03	Male	4	00:17:35	00:17:35	00:00:14	00:18:22	00:00:12	00:19:17	00:00:15	00:19:07	00:00:15	00:20:02	00:00:17	00:19:10	00:00:16	00:19:21	00:00:17	00:19:32	00:00:18	00:19:47	00:00:19	00:19:47
10	41	Wendy Bates	Wendy Bates Female	03:12:27	03:12:27	Female	6	00:18:41	00:18:49	00:00:11	00:18:41	00:00:11	00:18:48	00:00:14	00:18:45	00:00:24	00:19:26	00:00:24	00:19:50	00:00:17	00:19:17	00:00:20	00:19:27	00:00:24	00:19:28	00:00:17	00:19:53
11	43	Amy Russell	Amy Russell Female	03:13:13	03:13:13	Female	7	00:18:06	00:18:06	00:00:10	00:18:32	00:00:11	00:18:47	00:00:12	00:18:58	00:00:13	00:19:35	00:00:27	00:19:26	00:00:13	00:19:45	00:00:12	00:19:53	00:00:17	00:19:50	00:00:22	00:20:17
12	40	James Balfour	James Balfour Male	03:19:55	03:19:55	Male	5	00:18:46	00:18:46	00:00:09	00:19:13	00:00:16	00:20:01	00:00:16	00:19:41	00:00:22	00:19:58	00:00:29	00:20:10	00:00:17	00:20:22	00:00:22	00:20:07	00:00:19	00:20:26	00:00:19	00:21:08
13	44	Marc Baker	Marc Baker Male	03:20:59	03:20:59	Male	6	00:18:06	00:18:06	00:00:15	00:18:22	00:00:09	00:18:34	00:00:09	00:19:10	00:00:08	00:20:01	00:02:17	00:22:25	00:00:23	00:20:49	00:00:29	00:20:40	00:00:33	00:21:03	00:00:42	00:21:43
14	28	Elaine Warriner	Elaine Warriner Female	03:24:42	03:24:42	Female	8	00:19:22	00:20:02	00:00:11	00:19:22	00:00:21	00:19:44	00:00:39	00:20:02	00:00:21	00:19:59	00:00:45	00:23:11	00:00:11	00:20:01	00:00:59	00:21:10	00:00:10	00:20:26	00:00:30	00:20:41
15	18	Richard Hill	Richard Hill Male	03:25:35	03:25:35	Male	7	00:05:22	00:19:41	00:00:19	00:20:08	00:00:16	00:20:09	00:00:16	00:20:13	00:00:18	00:20:28	00:00:21	00:20:24	00:00:17	00:20:37	00:00:15	00:20:53	00:00:20	00:21:36	00:00:20	00:21:21
16	46	mark whyman	mark whyman Male	03:27:37	03:27:37	Male	8	00:19:15	00:19:22	00:00:11	00:19:15	00:00:13	00:20:03	00:00:40	00:20:42	00:00:13	00:20:33	00:00:25	00:20:38	00:00:31	00:21:09	00:00:20	00:20:49	00:00:25	00:23:12	00:00:29	00:21:50
17	26	Chris Tucker	Chris Tucker Male	03:33:31	03:33:31	Male	9	00:19:16	00:19:16	00:00:07	00:19:38	00:00:32	00:21:00	00:00:40	00:21:21	00:00:36	00:22:07	00:01:16	00:22:47	00:00:40	00:21:49	00:00:48	00:22:03	00:00:45	00:21:52	00:00:24	00:21:34
18	29	Catherine Hickey	Catherine Hickey Female	03:33:52	03:33:52	Female	9	00:19:58	00:21:17	00:00:13	00:19:58	00:00:30	00:20:42	00:00:14	00:21:01	00:02:55	00:23:11	00:01:18	00:21:09	00:00:27	00:20:39	00:00:17	00:23:43	00:00:14	00:20:37	00:00:14	00:21:31
19	24	Peter Stephens	Peter Stephens Male	03:33:53	03:33:53	Male	10	00:19:30	00:19:30	00:00:14	00:19:32	00:00:15	00:20:02	00:00:13	00:20:35	00:00:36	00:21:36	00:00:32	00:22:21	00:00:14	00:22:27	00:00:33	00:23:20	00:00:32	00:22:50	00:00:26	00:21:36
20	16	Nicky Wearing	Nicky Wearing Female	03:35:36	03:35:36	Female	10	00:19:52	00:19:52	00:00:13	00:20:37	00:00:14	00:20:25	00:00:29	00:21:24	00:00:14	00:21:32	00:01:04	00:23:00	00:00:36	00:22:41	00:00:59	00:22:58	00:00:31	00:21:29	00:00:25	00:21:33
21	3	Adam McAnoy	Adam McAnoy Male	03:36:21	03:36:21	Male	11	00:19:12	00:19:12	00:00:06	00:20:29	00:00:20	00:20:48	00:00:49	00:21:28	00:00:33	00:21:20	00:02:38	00:23:31	00:00:07	00:21:37	00:01:41	00:23:21	00:00:16	00:22:09	00:00:06	00:22:23
22	32	Harry Mckeown	Harry Mckeown Male	03:36:42	03:36:42	Male	12	00:20:33	00:20:35	00:00:42	00:21:39	00:00:20	00:20:55	00:00:26	00:21:30	00:00:51	00:21:46	00:00:30	00:20:33	00:00:50	00:22:03	00:01:20	00:22:30	00:01:56	00:23:00	00:00:48	00:22:06
23	15	Sian Reis	Sian Reis Female	03:36:56	03:36:56	Female	11	00:19:30	00:19:30	00:00:09	00:20:38	00:00:31	00:22:01	00:01:17	00:22:22	00:00:24	00:21:05	00:01:16	00:22:46	00:00:28	00:22:06	00:00:45	00:22:20	00:00:35	00:22:12	00:00:29	00:21:51
24	27	Lucy Smith	Lucy Smith Female	03:37:33	03:37:33	Female	12	00:19:38	00:19:38	00:00:37	00:20:53	00:00:38	00:21:17	00:00:24	00:21:16	00:00:33	00:21:12	00:00:33	00:22:10	00:01:25	00:23:17	00:00:39	00:22:14	00:00:43	00:23:09	00:00:57	00:22:24
25	14	Esther Levin	Esther Levin Female	03:41:02	03:41:02	Female	13	00:20:39	00:20:39	00:00:17	00:20:54	00:00:29	00:22:03	00:00:24	00:21:40	00:00:18	00:22:28	00:01:07	00:22:32	00:00:23	00:22:17	00:01:04	00:23:08	00:00:29	00:22:41	00:00:47	00:22:36
26	30	Victoria Barrett	Victoria Barrett Female	03:42:18	03:42:18	Female	14	00:20:57	00:20:57	00:00:09	00:22:17	00:00:13	00:22:25	00:00:11	00:22:31	00:00:12	00:22:18	00:00:09	00:21:49	00:00:12	00:22:08	00:00:38	00:22:48	00:00:44	00:22:43	00:00:20	00:22:18

