

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Abukar	Fatima	1k Challenge	3087	07:45	08:30		
Adlen	Ella	Half Marathon 5k	2030	13:00	14:00		
Ager	Kirsty	Marathon 10k	1104	08:00	08:45		
Alcott	Alex	Half Marathon 5k	2003	16:30	17:30		
Allen	Carl	Half Marathon 5k	2021	13:00	14:00		
Ambereen	Safdar	Half Marathon 5k	2108	08:30	09:30		
Anderson	Louise	Marathon 10k	1047	15:00	16:00		
Andrews	Matt	Marathon 10k	1014	15:00	16:00		
Antonio	Nuno	Marathon 10k	1175	15:00	16:00		
Antosova	Martina	1k Challenge	3043	10:30	11:30		
Appleton	Janice	1k Challenge	3018	14:00	15:00		
Ashcroft	Paul	Half Marathon 5k	2007	16:30	17:30		
Ashken	Max	Marathon 10k	1023	15:00	16:00		
Bailey	Kate	Team 10k	9017	11:30	12:30	Go with the flow	Bailey, Kate
Bamford	Linda	Team 10k	9025	08:00	09:00	Craws	Common, Steph
Barling	Louise	Team 10k	9018	11:30	12:30	Too Cool for Pool	Bauer, Bettina
Barnett	Hugo	Marathon 10k	1111	08:00	08:45		
Barratt	Melanie	Marathon 10k	1041	15:00	16:00		
Barrett-Edwards	Amanda	Marathon 10k	1151	08:00	08:45		
Bartholomew	Marcia	1k Challenge	3083	07:45	08:30		
Batten	Callum	Half Marathon 5k	2002	16:30	17:30		
Bauer	Bettina	Team 10k	9018	11:30	12:30	Too Cool for Pool	Bauer, Bettina
Beardwell	Charlotte	Half Marathon 5k	2040	16:30	17:30		
Beavan	Carrie-Ann	1k Challenge	3047	10:30	11:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
bell	rebecca	Marathon 10k	1027	15:00	16:00		
Bellée	Alison	Marathon 10k	1086	11:30	12:30		
Berry	Lorraine	1k Challenge	3023	14:00	15:00		
Betteridge	Sarah	Half Marathon 5k	2115	13:00	14:00		
Bi	Nusrah	1k Challenge	3094	07:45	08:30		
Blake	Ashley	Marathon 10k	1088	11:30	12:30		
Blampied	Christina	Half Marathon 5k	2113	08:30	09:30		
Blastland	Jacqueline	Marathon 10k	1046	15:00	16:00		
Bold	Noah	Half Marathon 5k	2087	08:30	09:30		
Botting	Abbi	Marathon 10k	1079	11:30	12:30		
Brant	Hayley	Half Marathon 5k	2039	16:30	17:30		
Brennan	James	Team 10k	9003	14:30	15:30	Lough Cara Legends	Brennan, Patricia
Brennan	Patricia	Team 10k	9003	14:30	15:30	Lough Cara Legends	Brennan, Patricia
Brett	Alex	Marathon 10k	1017	15:00	16:00		
Britton	Kirstie	Marathon 10k	1072	15:00	16:00		
Bromley	Daniel	Marathon 10k	1021	15:00	16:00		
Buckley	Peter	Marathon 10k	1152	08:00	08:45		
Bull	Helen	Marathon 10k	1052	15:00	16:00		
Bull	Nita	1k Challenge	3059	07:45	08:30		
Burrows	James	Half Marathon 5k	2079	08:30	09:30		
Butler-Landman	Helen	Marathon 10k	1120	08:00	08:45		
Cameron-Mowat	Victoria	Team 10k	9021	08:00	09:00	Ridgdale Barracudas	Cameron-Mowat, Victoria
Cannings	James	Team 10k	9022	08:00	09:00	Jello	Cannings, James
Cardy	Heidi	Marathon 10k	1121	08:00	08:45		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Castle	Lorna	Half Marathon 5k	2008	16:30	17:30		
Cater	Natalie	Half Marathon 5k	2106	08:30	09:30		
Chambers-Heath	Steph	1k Challenge	3035	10:30	11:30		
Champion	Aaron	1k Challenge	3007	10:30	11:30		
Champion	Aaron	Half Marathon 5k	2009	16:30	17:30		
Champion	Aaron	Marathon 10k	1024	11:30	12:30		
Chandru	Neal	Team 10k	9028	08:00	09:00	Lizard and Neal da Seal	Chandru, Neal
Chapman	Amelia	Marathon 10k	1129	08:00	08:45		
Cheyne	Uma	1k Challenge	3067	07:45	08:30		
Chisholm-Scott	Maddy	Half Marathon 5k	2066	13:00	14:00		
Chittock	Emily	Marathon 10k	1081	11:30	12:30		
choueke	leon	Marathon 10k	1097	11:30	12:30		
Claffey	Dermot	Marathon 10k	1078	11:30	12:30		
Clark	Christopher	Team 10k	9005	14:30	15:30	Aquanuts	Clark, Christopher
Clark	Tina	Half Marathon 5k	2032	16:30	17:30		
Clutton	Leanne	Team 10k	9023	08:00	09:00	Mermaids	Clutton, Leanne
Coles	Daniel	Marathon 10k	1163	08:00	08:45		
Collin	Catherine	Marathon 10k	1070	15:00	16:00		
Collins	Kerry	Marathon 10k	1122	08:00	08:45		
Colton	Abby	Marathon 10k	1020	15:00	16:00		
Comins	Tallulah	Team 10k	9011	11:30	12:30	Swim and Tonic	Gorniok, Maria
Common	Steph	Team 10k	9025	08:00	09:00	Craws	Common, Steph
Constant	Nikita	1k Challenge	3075	07:45	08:30		
Contreras	Eduardo	Marathon 10k	1157	08:00	08:45		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Cooper	Peter	Marathon 10k	1063	15:00	16:00		
Cooper	Robby	Marathon 10k	1038	15:00	16:00		
Costa	Eleni	1k Challenge	3013	14:00	15:00		
Coulston	Lorna	Marathon 10k	1016	15:00	16:00		
Cowie	Vanessa	Team 10k	9009	14:30	15:30	Team Mermaids C(ake)	Cowie, Vanessa
Cowley	Stephen	Half Marathon 5k	2053	13:00	14:00		
Cronin	Charlie	Half Marathon 5k	2093	08:30	09:30		
Croucher	Matt	1k Challenge	3030	10:30	11:30		
Crowther	Fran	Marathon 10k	1065	15:00	16:00		
Croyle	Samuel	Half Marathon 5k	2063	13:00	14:00		
Cubitt	Lyndsey	Marathon 10k	1124	08:00	08:45		
Cummings	Mark	Half Marathon 5k	2051	13:00	14:00		
D'Intino	Julianna	Marathon 10k	1148	11:30	12:30		
Dancsi	Richard	Marathon 10k	1149	08:00	08:45		
Davies	Dominic	Marathon 10k	1035	15:00	16:00		
Davies	Rachel	Marathon 10k	1030	15:00	16:00		
Davis	Ian	Half Marathon 5k	2016	16:30	17:30		
Davis	Julie	Team 10k	9016	11:30	12:30	Mum & Pook	Davis, Julie
Davis	Luke	Team 10k	9016	11:30	12:30	Mum & Pook	Davis, Julie
Davis	Thomas	Marathon 10k	1101	11:30	12:30		
Dawkins-Wall	Lucy	Marathon 10k	1110	08:00	08:45		
Dawkins-Wall	Lucy	Marathon 10k	1115	15:00	16:00		
De Bastiani	Fulvio	Marathon 10k	1173	15:00	16:00		
de Vries	Quincy	Marathon 10k	1019	15:00	16:00		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Dickens	Stephen	Marathon 10k	1089	11:30	12:30		
Digby	Hayley	Marathon 10k	1028	15:00	16:00		
Dobson	Hannah	Half Marathon 5k	2076	08:30	09:30		
Dobson	Kathryn	1k Challenge	3092	10:30	11:30		
Doggett-Brookes	Aine	Marathon 10k	1008	15:00	16:00		
Donald	Pamela	1k Challenge	3012	14:00	15:00		
Dowdall	Joshua	Team 10k	9001	14:30	15:30	The Swim Reapers	James, Toby
Draper	Deana	Marathon 10k	1161	08:00	08:45		
Drury	Jessica	Half Marathon 5k	2055	13:00	14:00		
Duggan	Brian	Team 10k	9002	14:30	15:30	Warwick University Fish Force - Old Boys	Duggan, Brian
Durham	Thomas	Half Marathon 5k	2088	08:30	09:30		
durlacher	sophie	1k Challenge	3084	07:45	08:30		
Edwards	Alexandra	Team 10k	9004	14:30	15:30	Edwards	Edwards, Alexandra
Edwards	Grace	Half Marathon 5k	2111	08:30	09:30		
Edwards	Jade	Team 10k	9004	14:30	15:30	Edwards	Edwards, Alexandra
Ellard	Matt	1k Challenge	3040	10:30	11:30		
Ellard	Ollie	1k Challenge	3042	10:30	11:30		
Ellard	Ollie	Half Marathon 5k	2043	13:00	14:00		
Elliott	Alyssa	Half Marathon 5k	2037	13:00	14:00		
Ellis	Ian	Half Marathon 5k	2027	08:30	09:30		
Evans	James	1k Challenge	3085	14:00	15:00		
Evans	Jennifer	Half Marathon 5k	2005	16:30	17:30		
Farrelly	Ita	1k Challenge	3051	10:30	11:30		
Fazackerley	Zoe	Team 10k	9014	11:30	12:30	Surrey Sailfish	Fazackerley, Zoe

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Ferrise	Andrea	Half Marathon 5k	2001	16:30	17:30		
Firth	Eleanor	Half Marathon 5k	2024	16:30	17:30		
Flambard	Judith	Half Marathon 5k	2061	13:00	14:00		
Flambard	Richard	Marathon 10k	1004	15:00	16:00		
Flannagan	Donna	Marathon 10k	1117	08:00	08:45		
Floyd	Katy	Half Marathon 5k	2050	13:00	14:00		
Gallant	Stephen	Marathon 10k	1114	08:00	08:45		
Gandhi	Ayush	Team 10k	9029	08:00	09:00	Splash Siblings	Gandhi, Klisha
Gandhi	Klisha	Team 10k	9029	08:00	09:00	Splash Siblings	Gandhi, Klisha
Gardiner	Darcey	Marathon 10k	1062	15:00	16:00		
Gasson	Lucinda	1k Challenge	3079	07:45	08:30		
Gerondeau	Lucie	1k Challenge	3080	07:45	08:30		
Gill	George	Half Marathon 5k	2114	16:30	17:30		
Gill	Hannah	1k Challenge	3097	10:30	11:30		
Gilmartin	Astrid	1k Challenge	3077	07:45	08:30		
Glatman	Samuel	Marathon 10k	1087	11:30	12:30		
Goldspink	Sophie	1k Challenge	3045	07:45	08:30		
Gonzalez	Luisa	Team 10k	9013	11:30	12:30	Two peas in a pod	Gonzalez, Sofia
Gonzalez	Sofia	Team 10k	9013	11:30	12:30	Two peas in a pod	Gonzalez, Sofia
Gorman	Katie	Half Marathon 5k	2071	08:30	09:30		
Gorniok	Maria	Team 10k	9011	11:30	12:30	Swim and Tonic	Gorniok, Maria
Green	Emma	Marathon 10k	1083	11:30	12:30		
Greenwood	George Holmes	Marathon 10k	1068	15:00	16:00		
Greenwood	Hannah	1k Challenge	3052	10:30	11:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Hampson	Gill	Team 10k	9024	08:00	09:00	Friday Night Dream Team	Hampson, Gill
Hancock	Nicky	Half Marathon 5k	2041	13:00	14:00		
Hanton	Thomas	Marathon 10k	1060	15:00	16:00		
Harding	Steve	1k Challenge	3016	14:00	15:00		
Harris	Lauren	Team 10k	9027	08:00	09:00	The Harris Girls	Harris, Lauren
Hart	James	Marathon 10k	1172	08:00	08:45		
Hassan	Hasan	Half Marathon 5k	2105	08:30	09:30		
Heath	Janette	Half Marathon 5k	2101	08:30	09:30		
Hedges	Gary	Half Marathon 5k	2010	16:30	17:30		
Heins	Jill	Half Marathon 5k	2112	08:30	09:30		
Hemming	Cory	Marathon 10k	1037	15:00	16:00		
Heseltine	Anne	1k Challenge	3066	07:45	08:30		
Heseltine	Paul	1k Challenge	3065	07:45	08:30		
Hesketh	Isaac	Marathon 10k	1007	15:00	16:00		
Hibble	Sarah	Marathon 10k	1092	11:30	12:30		
Hillis	Stuart	Half Marathon 5k	2014	16:30	17:30		
Ho	Rosa	Marathon 10k	1179	15:00	16:00		
Holden	Gill	1k Challenge	3074	07:45	08:30		
Holdsworth	George	1k Challenge	3020	14:00	15:00		
Holland	Irina	Team 10k	9024	08:00	09:00	Friday Night Dream Team	Hampson, Gill
Houssa	Michel	Marathon 10k	1141	08:00	08:45		
Humphreys	Matthew	Marathon 10k	1154	08:00	08:45		
Hwu	Elizabeth	Team 10k	9028	08:00	09:00	Lizard and Neal da Seal	Chandru, Neal
Hyjek	Gemma	Half Marathon 5k	2048	13:00	14:00		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Ingram	Andrew	Team 10k	9002	14:30	15:30	Warwick University Fish Force - Old Boys	Duggan, Brian
Insull	Alice	Marathon 10k	1119	08:00	08:45		
Ives	Clemency	Team 10k	9007	14:30	15:30	RSW	Williams, Octavia
Ivison	Matthew	Marathon 10k	1040	15:00	16:00		
Jakeman	amy	Half Marathon 5k	2018	16:30	17:30		
James	Ian	1k Challenge	3010	14:00	15:00		
James	Toby	Team 10k	9001	14:30	15:30	The Swim Reapers	James, Toby
Jamohamed	Tariq	Half Marathon 5k	2080	08:30	09:30		
Johnson	Abbie	Marathon 10k	1165	08:00	08:45		
Johnson	Dominic	Marathon 10k	1159	08:00	08:45		
Johnson	Isabel	Marathon 10k	1178	11:30	12:30		
Jones	Martin	Half Marathon 5k	2033	16:30	17:30		
Joshua	Martin	Marathon 10k	1174	08:00	08:45		
Joyce	Antony	Marathon 10k	1045	15:00	16:00		
Judge	Gary	Marathon 10k	1076	11:30	12:30		
Jun	Yelim	Half Marathon 5k	2078	08:30	09:30		
Kane	Ellie	Marathon 10k	1146	08:00	08:45		
Kazemi	Roxana	Marathon 10k	1099	11:30	12:30		
Kearn	Simon	Marathon 10k	1082	11:30	12:30		
Kemp	Ceilidh	Half Marathon 5k	2081	08:30	09:30		
Kempster	Jenny	Half Marathon 5k	2090	08:30	09:30		
Kent	Fiona	Team 10k	9017	11:30	12:30	Go with the flow	Bailey, Kate
Kerrigan	Laura	Marathon 10k	1025	15:00	16:00		
Khangura	Kieran	1k Challenge	3070	07:45	08:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Kindell	Alan	Half Marathon 5k	2013	16:30	17:30		
King	Will	1k Challenge	3089	07:45	08:30		
Kirby	John	1k Challenge	3057	07:45	08:30		
KONYAKHIN	Anatoliy	Half Marathon 5k	2070	13:00	14:00		
Kostiuk	Valerii	Team 10k	9026	08:00	09:00	SwimChums4Life	Taylor, Laura
Krzisnik	Lia Cecilia	Half Marathon 5k	2104	08:30	09:30		
Lal	Abhiroop	1k Challenge	3078	07:45	08:30		
Lambert	Christian	Marathon 10k	1158	08:00	08:45		
Lane	Martin	1k Challenge	3015	14:00	15:00		
Lange	Marie	Half Marathon 5k	2103	08:30	09:30		
Laurencik	Paul	Team 10k	9005	14:30	15:30	Aquanauts	Clark, Christopher
Leckenby	Lorraine	1k Challenge	3072	07:45	08:30		
Leeding	Christopher	Marathon 10k	1144	08:00	08:45		
Leff	Fran	Team 10k	9015	11:30	12:30	Le Joggers	Leff, Fran
Lei-Plant	Amy	Marathon 10k	1153	08:00	08:45		
Leverton	Lucy	Half Marathon 5k	2060	08:30	09:30		
Lewis	Anthony	Team 10k	9030	14:30	15:30	Tile Hill Tumbleturners	Anthony Lewis
Lewis	Jo	Half Marathon 5k	2117	16:30	17:30		
Lewis	John	Marathon 10k	1107	08:00	08:45		
Leys	Tim	Half Marathon 5k	2017	16:30	17:30		
Lightfoot	Alexandra	1k Challenge	3036	10:30	11:30		
Linthorpe	Adam	Marathon 10k	1043	11:30	12:30		
Livie	William	Marathon 10k	1077	11:30	12:30		
Llewelyn	Abigail	Half Marathon 5k	2100	08:30	09:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Llewelyn	Rhys	1k Challenge	3033	10:30	11:30		
Lundie	Claudia	1k Challenge	3088	07:45	08:30		
Lyle	Emma	1k Challenge	3028	14:00	15:00		
lyle	macey	1k Challenge	3019	14:00	15:00		
Macdonald	Anthony	1k Challenge	3021	14:00	15:00		
Macdonald	Anthony	Marathon 10k	1058	08:00	08:45		
Macdonald	Anthony	Marathon 10k	1069	15:00	16:00		
Macmillan	Chris	Half Marathon 5k	2099	08:30	09:30		
MacTavish	James	Marathon 10k	1018	15:00	16:00		
Majewska-Bogdanska	Justyna	Marathon 10k	1009	15:00	16:00		
Malard	Elodie	Half Marathon 5k	2046	13:00	14:00		
Mallett	Garry	Marathon 10k	1132	08:00	08:45		
Malloy	Ross	Marathon 10k	1168	08:00	08:45		
Manders	Nicola	Half Marathon 5k	2085	08:30	09:30		
Marasigan	Daisy	1k Challenge	3071	07:45	08:30		
Mariadas	Steve	Marathon 10k	1005	15:00	16:00		
Marshall	Bridget	Marathon 10k	1126	08:00	08:45		
Marshall	Steve	1k Challenge	3073	07:45	08:30		
Martin	Ben	1k Challenge	3049	10:30	11:30		
Martin	Lynn	1k Challenge	3050	10:30	11:30		
Mayhew	Adrian	Half Marathon 5k	2006	16:30	17:30		
McCalla	Kaisha	1k Challenge	3038	10:30	11:30		
Mccrabbe	Penny	1k Challenge	3005	14:00	15:00		
McGettigan	Charlotte	Half Marathon 5k	2012	16:30	17:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
McGrane	Rozalyn	Marathon 10k	1147	14:00	15:00		
McGrath	Catherine	Half Marathon 5k	2102	08:30	09:30		
McIntosh	Kelly	Marathon 10k	1032	15:00	16:00		
McKenna	Jess	Marathon 10k	1116	08:00	08:45		
McQuie	Suzette	Half Marathon 5k	2029	13:00	14:00		
McSorley Orford	Nicola	Marathon 10k	1177	11:30	12:30		
Mills	Lottie	Marathon 10k	1109	11:30	12:30		
Mills	Rachel	Marathon 10k	1071	15:00	16:00		
Miskin	Dominic	Half Marathon 5k	2094	08:30	09:30		
Mistry	Neesha	Half Marathon 5k	2026	16:30	17:30		
Mitchell	Jo	Team 10k	9008	14:30	15:30	Salty Seals	SALIH, MUSTAFA
Mitrai	Dimitri	Half Marathon 5k	2042	16:30	17:30		
Molchanova	Elena	1k Challenge	3048	10:30	11:30		
Montgomery	Ed	Marathon 10k	1031	15:00	16:00		
Moore	Hayley	Marathon 10k	1002	11:30	12:30		
Moore	Hayley	Marathon 10k	1003	15:00	16:00		
More	Christine	Team 10k	9015	11:30	12:30	Le Joggers	Leff, Fran
Moss	Ashley	Half Marathon 5k	2011	16:30	17:30		
Mroz	Dorota	Half Marathon 5k	2092	08:30	09:30		
Munro	Gayle	Half Marathon 5k	2084	08:30	09:30		
Murugan	Hariharan	Marathon 10k	1140	08:00	08:45		
Narbone	Eleonora	Team 10k	9022	08:00	09:00	Jello	Cannings, James
Nelson	Louise	1k Challenge	3034	10:30	11:30		
Newell	Abby	Marathon 10k	1145	08:00	08:45		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Newland-Jenner	John	Marathon 10k	1136	11:30	12:30		
Noonan	Angharad	1k Challenge	3044	10:30	11:30		
Nowak	Yuki	Marathon 10k	1011	15:00	16:00		
Nyonyintono	Andrew	1k Challenge	3037	10:30	11:30		
Nyonyintono	Erina	1k Challenge	3041	10:30	11:30		
O'Callaghan	Caroline	Half Marathon 5k	2068	13:00	14:00		
O'Mahony	Emilie-Kate	Half Marathon 5k	2095	13:00	14:00		
O'Rourke	Katherine	1k Challenge	3008	14:00	15:00		
Overett	Michelle	Half Marathon 5k	2052	13:00	14:00		
Oxlade	Rachael	1k Challenge	3081	07:45	08:30		
Paiva	Vitor	Half Marathon 5k	2062	13:00	14:00		
Panagopoulos	Ioannis	Marathon 10k	1155	08:00	08:45		
Papagna	Pier Luca	1k Challenge	3027	14:00	15:00		
Parrott	Maggie	Marathon 10k	1118	08:00	08:45		
PATEL	NEETA	Half Marathon 5k	2072	13:00	14:00		
Paterson	Keely	1k Challenge	3060	07:45	08:30		
Pautz	Marc	Marathon 10k	1138	08:00	08:45		
Penfold	Clint	Half Marathon 5k	2049	13:00	14:00		
Peters	Kate	Marathon 10k	1131	08:00	08:45		
Petocz	Orsolya	Half Marathon 5k	2077	08:30	09:30		
Phillips	Ria	Half Marathon 5k	2004	16:30	17:30		
Phylactopoulos	Penelope	1k Challenge	3056	10:30	11:30		
Pinney	Alice	1k Challenge	3002	14:00	15:00		
Pliuskyte	Simona	Half Marathon 5k	2107	08:30	09:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Proctor	Lara	1k Challenge	3017	14:00	15:00		
Pyman	Sue	Half Marathon 5k	2054	08:30	09:30		
Ramdeen	Krishna	1k Challenge	3064	07:45	08:30		
Ransley	Nicholas	Marathon 10k	1057	15:00	16:00		
Ratnavira	Clare	Marathon 10k	1093	11:30	12:30		
Read	Mark	Marathon 10k	1029	15:00	16:00		
Reynolds	Charlotte	Marathon 10k	1048	15:00	16:00		
Richards	Gemma	Half Marathon 5k	2064	08:30	09:30		
Richards	Mark	Marathon 10k	1106	08:00	08:45		
Riches	Wayne	Half Marathon 5k	2020	08:30	09:30		
Rimbert	Margot	Half Marathon 5k	2067	13:00	14:00		
Rios	Libardo	1k Challenge	3062	07:45	08:30		
Risk	Alasdair	Marathon 10k	1143	14:00	15:00		
Robalo	Rute	1k Challenge	3068	07:45	08:30		
Robins	Tim	Marathon 10k	1022	15:00	16:00		
Robinson	Alice	Half Marathon 5k	2097	08:30	09:30		
Roper	Lucy	Marathon 10k	1044	15:00	16:00		
Rovelli	Maria Sole	Half Marathon 5k	2056	13:00	14:00		
Rowe	Claire	Marathon 10k	1061	15:00	16:00		
Rowe	Sam	Half Marathon 5k	2086	08:30	09:30		
Rowell	Andy	Marathon 10k	1085	11:30	12:30		
Rowell	Emily	Marathon 10k	1010	15:00	16:00		
Rozanska	Anna	Half Marathon 5k	2074	08:30	09:30		
Rubidge	Caroline	Marathon 10k	1036	15:00	16:00		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Rukazenkova-Cleverly	Natasha	Marathon 10k	1053	15:00	16:00		
Russell	Emma	Marathon 10k	1139	08:00	08:45		
Russell	Gillian	1k Challenge	3082	07:45	08:30		
Russell	Helen	Marathon 10k	1096	11:30	12:30		
Rusz	Nick	Marathon 10k	1026	15:00	16:00		
Sadler	Craig	Marathon 10k	1073	11:30	12:30		
SALIH	MUSTAFA	Team 10k	9008	14:30	15:30	Salty Seals	SALIH, MUSTAFA
Samuel	Michelle	Team 10k	9006	14:30	15:30	Black Mermaids	Samuel, Michelle
Sanchez	Cristina	Half Marathon 5k	2019	16:30	17:30		
Savage	Omotayo	1k Challenge	3055	10:30	11:30		
Schauerman	Clare	Marathon 10k	1150	08:00	08:45		
Scott	Annie	Half Marathon 5k	2073	08:30	09:30		
Scully	Jackie	Marathon 10k	1095	11:30	12:30		
Seecharan	Anna	Half Marathon 5k	2044	08:30	09:30		
Seecharan	Nina	Half Marathon 5k	2065	08:30	09:30		
Shardlow-Wrest	Adam	Marathon 10k	1102	11:30	12:30		
Shardlow-Wrest	Ryan	Marathon 10k	1100	11:30	12:30		
Shearing	Oliver	1k Challenge	3095	10:30	11:30		
SHEATHER	MARK	Marathon 10k	1084	11:30	12:30		
Shefford	Hayley	1k Challenge	3076	07:45	08:30		
Shepherd	Lindsay	1k Challenge	3058	10:30	11:30		
Shihab	Ahmad	Half Marathon 5k	2096	08:30	09:30		
Shipston	Helen	Marathon 10k	1167	08:00	08:45		
Short	Fiona	Marathon 10k	1164	08:00	08:45		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Silton	Madeline	Half Marathon 5k	2023	13:00	14:00		
Simpson	Anne	1k Challenge	3063	07:45	08:30		
Singhal	Prasun	Half Marathon 5k	2035	16:30	17:30		
Siu	Bernie	1k Challenge	3053	10:30	11:30		
Skimming	Rebecca	Marathon 10k	1067	15:00	16:00		
Slipper	Dan	1k Challenge	3026	14:00	15:00		
Slowther	Calum	1k Challenge	3014	14:00	15:00		
Smith	Claire	Marathon 10k	1135	08:00	08:45		
Smith	Ian	Marathon 10k	1094	11:30	12:30		
Smith	Louise	1k Challenge	3069	07:45	08:30		
Snapes	Aaron	1k Challenge	3091	14:00	15:00		
Soulier	Gilles	Half Marathon 5k	2038	16:30	17:30		
Spittle	Laurence	1k Challenge	3039	10:30	11:30		
Sprod	Karen	Half Marathon 5k	2109	08:30	09:30		
St Clair	Heather	Team 10k	9023	08:00	09:00	Mermaids	Clutton, Leanne
Starke	Lillian	Half Marathon 5k	2022	16:30	17:30		
Start	Lizzie	1k Challenge	3061	10:30	11:30		
Steele	Molly	1k Challenge	3054	10:30	11:30		
Stevens	Katherine	1k Challenge	3004	14:00	15:00		
Stirrup	Sarah	Marathon 10k	1171	08:00	08:45		
Street	Anna	Marathon 10k	1090	08:00	08:45		
Sutton	Matthew	Marathon 10k	1050	15:00	16:00		
Suvorov	Vasily	1k Challenge	3046	10:30	11:30		
Talary	Prabina	Marathon 10k	1170	08:00	08:45		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Tan	Sean	Marathon 10k	1112	08:00	08:45		
Taylor	James	Team 10k	9014	11:30	12:30	Surrey Sailfish	Fazackerley, Zoe
Taylor	Laura	Team 10k	9026	08:00	09:00	SwimChums4Life	Taylor, Laura
Team mate to enter		Team 10k	9019	11:30	12:30	Big Fish Little Fish	Gorniok, Julian
Team mate to enter		Team 10k	9006	14:30	15:30	Black Mermaids	Samuel, Michelle
Team mate to enter		Team 10k	9010	14:30	15:30	Grandad's Girls	Townsend, Sarah
Team mate to enter		Team 10k	9012	11:30	12:30	Ivory Power	Wheatley, Rebecca
Team mate to enter		Team 10k	9021	08:00	09:00	Ridgdale Barracudas	Cameron-Mowat, Victoria
Team mate to enter		Team 10k	9027	08:00	09:00	The Harris Girls	Harris, Lauren
Tebbutt-Ford	Rebecca	Half Marathon 5k	2036	13:00	14:00		
Thane	Mary	1k Challenge	3022	14:00	15:00		
Thompson	Gemma	Half Marathon 5k	2098	08:30	09:30		
Thompson	Nyall	1k Challenge	3032	10:30	11:30		
Thorne	Alex	Team 10k	9020	08:00	09:00	Thorne	Thorne, Zoe
Thorne	Nicola	Marathon 10k	1056	15:00	16:00		
Thorne	Zoe	Team 10k	9020	08:00	09:00	Thorne	Thorne, Zoe
Thornhill	Tom	Marathon 10k	1075	11:30	12:30		
Timlett	Beth	Half Marathon 5k	2047	13:00	14:00		
Tingley	Luke	Marathon 10k	1105	08:00	08:45		
Tkanko	Oksana	Half Marathon 5k	2089	08:30	09:30		
Tomkins	Zoe	1k Challenge	3029	14:00	15:00		
Townsend	Sarah	Team 10k	9010	14:30	15:30	Grandad's Girls	Townsend, Sarah
Troup	Alexander	Marathon 10k	1160	08:00	08:45		
Tysoe	Julie	1k Challenge	3086	07:45	08:30		

MARATHON SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Vanes	Ben	Marathon 10k	1015	11:30	12:30		
Ward	Ben	Marathon 10k	1064	15:00	16:00		
Warnock	Emma	Half Marathon 5k	2031	16:30	17:30		
Warren	Teresa	Half Marathon 5k	2045	13:00	14:00		
Watkins	David	Marathon 10k	1162	08:00	08:45		
Watkinson	Simon	Half Marathon 5k	2058	13:00	14:00		
Watson	Emma	Team 10k	9009	14:30	15:30	Team Mermaids C(ake)	Cowie, Vanessa
Watson	Emma	Half Marathon 5k	2110	08:30	09:30		
Webster	Molly	Marathon 10k	1013	15:00	16:00		
Weir	David	Team 10k	9030	14:30	15:30	Tile Hill Tumbleturners	Anthony Lewis
Weller	Rachel	Marathon 10k	1049	15:00	16:00		
Welsh	Danielle	1k Challenge	3024	14:00	15:00		
Wheatley	Rebecca	Team 10k	9012	11:30	12:30	Ivory Power	Wheatley, Rebecca
White	Jacqui	Marathon 10k	1055	15:00	16:00		
White-Andrews	Rory	1k Challenge	3001	14:00	15:00		
Whitehead	Madeleine	Marathon 10k	1128	08:00	08:45		
Wicks	Dan	Marathon 10k	1133	08:00	08:45		
Wicks	Thomas	Marathon 10k	1137	08:00	08:45		
Wilkinson	Danielle	Marathon 10k	1051	15:00	16:00		
Williams	Alex	1k Challenge	3025	10:30	11:30		
Williams	Alex	Half Marathon 5k	2015	16:30	17:30		
Williams	Alex	Marathon 10k	1113	11:30	12:30		
Williams	Chris	Marathon 10k	1108	08:00	08:45		
Williams	Octavia	Team 10k	9007	14:30	15:30	RSW	Williams, Octavia

MARATHION SWIMS

START TIMES and RACE NUMBERS

London Aquatics Centre - Saturday 8 November 2025

Last Name	First Name	Distance	Race Number	Arrival time at LAC	Wave starts (from)	Team Name	Team Captain
Williams	Samantha	Marathon 10k	1169	08:00	08:45		
Williamson	Fraser	Marathon 10k	1074	11:30	12:30		
Winnifrith	Olivia	Half Marathon 5k	2116	16:30	17:30		
Winter	Elizabeth	Marathon 10k	1054	15:00	16:00		
Winterhalder	Nick	Half Marathon 5k	2025	16:30	17:30		
Worsley	Beth	Half Marathon 5k	2075	08:30	09:30		
Yong	Liz	1k Challenge	3011	14:00	15:00		
Young	Francesca	Half Marathon 5k	2091	08:30	09:30		
Young	Katie	1k Challenge	3003	14:00	15:00		
Zarod-Hall	Sophie	1k Challenge	3006	14:00	15:00		
Zavattieri Neto	Angelo	Marathon 10k	1034	15:00	16:00		
Zuniga-Daly	Anel	Marathon 10k	1123	08:00	08:45		